

# PA Submission Checklist for Parkinson's Disease Treatments

Use this checklist to help streamline PA submissions and reduce delays in patient access to therapy

As part of the prior authorization (PA), the health care provider may be required to show evidence as to why the prescribed treatment is medically necessary for the patient based on clinical criteria. Specific PA requirements, including the list of treatments that require PA for approval and/or specific PA forms, depend on the patient's health insurance plan.



## Information that may be needed during the PA process

- PA request form (generally available on the insurer's website or by contacting the insurer)
- Letter of Medical Necessity and/or Letter of Medical Exception
- Summary of the patient's medical history (see below for details)



## Patient and insurance information

- Patient information (name, address, date of birth, Social Security number)
- Insurer information (name of policyholder, ID number, group number, plan address, phone number, and copy of front and back of the insurance card)
- Physician and facility information (name, provider ID number, and tax ID number)
- Rationale for treatment (medical need and the reason[s] for the medication/service being requested)



## Diagnosis confirmation

- Summary of the patient's Parkinson's disease diagnosis
  - Confirmed diagnosis of Parkinson's disease ICD-10 codes<sup>1</sup>:
    - G20
    - G20.A
    - G20.B
    - G20.C
    - G21.0-9
    - Other
  - Date of diagnosis
  - Patient medical records and current treatments
  - Treating physician's assessment of prognosis and disease course

# PA checklist (continued)



## History and response

- Prior Parkinson's disease treatments/procedures and dates
- Clinical response and any adverse effects
- Current severity of Parkinson's disease, including motor and non-motor symptoms, comorbidities, and any intolerance or contraindications to prior treatments



## Supporting documentation

- Relevant HCPCS codes for products
- Relevant information regarding the treatment decision
  - Product prescribing information and NDC
  - Peer-reviewed journal articles or clinical practices referencing nationally recognized guidelines (eg, American Academy of Neurology™ [AAN], International Parkinson and Movement Disorder Society® [MDS])

Please note that this checklist is not intended to provide a full list of PA requirements or to act as medical guidance or a suggestion to complete a PA or appeal. Providers should use clinical judgment based on individual patient needs.

HCPCS, Healthcare Common Procedure Coding System; NDC, National Drug Code.

**Before PA submission, please confirm any PA requirements and the preferred method (fax or electronic), as well as whether the plan has a product- or category-specific PA form**

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